

Livsstil og helse i Danmark og Norge

København 28. – 30. oktober 2005

Schæffergården, Jægersborg Allé 166 ·
DK-2820 Gentofte · Tlf.: +45 39 77 28 00

Slik lød invitasjonen:

Er det noe i mytene om nordmannen på fjelltur med ryggsekk og dansken på café med snaps og sigar? Og betyr de eventuelle ulikheter i livsstil noe for folkehelsen i de to landene? Disse og andre spørsmål om sykelighet og dødelighet knyttet til levevaner og sosiale strukturer er tema for et week-end-seminar på Schæffergården som eies av Fondet for dansk-norsk samarbeid (www.dansk-norsk.no). Fondets formål er å bidra til økt forståelse og samarbeid mellom Danmark og Norge først og fremst på kulturelle områder. Seminaret arrangeres av Fondet sammen med Det norske medisinske Selskap som siden 1826 har vært et forum for videre-og etterutdanning av leger, og for medisinske og helsepolitiske debatter i Norge. Innleggene ved seminaret vil bli publisert i Selskapets publiseringsserie Michael (www.dnms.no)

Målgruppen for seminaret er helsepersonell og andre med interesse for folkehelsearbeid i Danmark og Norge.

Program

Fredag 28. oktober 2005

Møteleder: Allan Krasnik (DK)

- 12:00 Ankomst - Lunsj/frokost
- 13:30 Åpning
- 13:45 Typisk norsk? Magne Nylenna (N)
- 14:15 Typisk dansk? Povl Riis (DK)
- 14:45 Kaffe
- 15:15 Sykelighet og dødelighet – utviklingen og dagens situasjon
– I Danmark: Finn Kamper-Jørgensen (DK)
– I Norge: Inger Cappelen (N)
- 16:15 Hva betyr livsstilen for sykdomsbyrden og dens fordeling?
Finn Diderichsen (DK)
Diskusjon til ca kl 17:00
- 19:00 Middag

Lørdag 29. oktober 2005

Møteleder: Magne Nylenna

- 08:00 Morgenmat
- 09:00 Livsstil – individuelle valg eller sosial kontekst?
Steinar Krokstad (N)
Diskusjon
- 10:00 Kaffe
- 11:00 Fysisk aktivitet og helse
Lars Bo Andersen (DK)
- 11:45 Kosthold og helse
Steen Stender (DK)
- 12:30 Lunsj/Frokost

- 14:00 Alkohol
Olaf Aasland (N)
- 14:45 Tobakk
Karl Erik Lund (N)
- 15:30 Kaffe
- 16:00 Bruk av helsetjenester i Danmark og Norge
Kjeld Møller Pedersen (DK)
Ivar Sønbo Kristiansen (N)
Diskusjon til ca 17:30
- 19:00 Middag
Sosialt samvær

Søndag 30. oktober 2005

Møteledere: Allan Krasnik og Magne Nylenna

- 08:00 Morgenmat
- 09:00 Hva gjør vi? Forebyggingsstrategier
Kari Huseby/Arnhild Haga Rimestad (N)
Else Smith (DK)
- 10:00 Likheter og forskjeller mellom Danmark og Norge
Fordommer og fakta – i fortid og fremtid. Per Egil Hegge (N)

Er det sammenhenger med vår felles fortid?
Øivind Larsen (N)
Ove Korsgaard (DK)
- Plenumsdiskusjon
Avslutning
- 12:30 Lunsj/Frokost - Avreise



Schæffergården (Foto: Ø. Larsen 2005).

Michael

Michael is a publication series named after professor *Michael Skjelderup* (1769-1852), one of the fathers of Norwegian medicine. He was born in Hof, a small place in what now is called the Vestfold county in Norway as the son of a priest, and was raised in the Norwegian countryside. Because of severe speech disturbances as a boy he did not get proper schooling, but was at last admitted as an apprentice in an apothecary's dispensary in the city of Fredrikstad at the age of 16. However, during his youth he tried through hard work and by means of an intensive self-discipline to overcome his handicap, and he really succeeded, except for in stressed situations.

Lacking a student examination, an academic training seemed out of question, in spite of his obvious bright mind. But in 1789 he was admitted to the new Surgical Academy in Copenhagen, where academic qualifications were not required.

From now on, his career flourished. He passed the surgical examination with the highest grade in 1794, entered positions in Copenhagen hospitals and at the University, where he defended his doctoral thesis in 1803 and was appointed professor in 1805.

The first University in Norway was founded in Christiania (now: Oslo) in 1811. Medical teaching was supposed to commence from the very beginning, and from 1814 the new medical faculty could offer medical training. Michael Skjelderup was appointed its first professor 1813, and started his teaching, mainly in anatomy in the fall of 1814, after a dramatic war time sea voyage from Denmark across the waters of Skagerrak where hostile Swedes fired at his swift sailing vessel.

As a University pioneer, he became active in several medical fields. Among other achievements, he published an authoritative textbook in forensic medicine in 1838. When he resigned in 1849, he had seen all Norwegian trained medical doctors in his lecture room.

Skjelderup was instrumental in building a scientific medical community in Christiania. Together with his University colleague Frederik Holst (1791-1871) he founded the first Norwegian medical journal "Eyr", named after a Norse medical goddess, in 1826. A reading club of physicians established in 1826 was formalized into an association in 1833, the still existing Det norske medicinske Selskab (The Norwegian Medical Society), which over the decades to come played an important role in the development of the health services and of a national medicine.

Michael is devoted to the memory of the man who first realized the importance of a regular, national medical publication activity in Norway and implemented his ideas in 1826. *Michael* is published by the same association as was founded by Michael Skjelderup – The Norwegian Medical Society (Det norske medicinske Selskab).

The editors

Michael

1. *Michael* is a publication series published by The Norwegian Medical Society (Det norske medicinske Selskab).
2. *Michael* is named after Michael Skjelderup (1769-1852), the first medical professor in Norway and one of the founding fathers of the Society.
3. *Michael* is distributed to the paying members of the Society, other contacts and libraries. Separate issues may also be distributed to external groups of readers.
4. *Michael* publishes good quality papers on topics within the range of interest held by the Society. The manuscripts will be read by referees prior to the editorial decision on acceptance.
5. *Michael* publishes articles in Norwegian or in English, depending on topic and main readership.
6. *Michael* usually publishes four issues a year, but deviations may occur.
7. *Michael's* editors are appointed for a period of three years among the members of The Norwegian Medical Society by its Board. Reappointments are allowed. The editors may supplement themselves by editorial members from collaborating associations and appoint ad hoc editors for special issues.

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